

COME JOIN US AS WE
FASTEN OUR HOLD
ON THE ANCHOR.

*Registration and payment deadline is
April 14*

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*Registration fee includes: retreat
materials, two nights lodging, Friday
supper, snack box, Sabbath brunch and
dinner, Sunday breakfast.*

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*Glacier View Ranch offers vegetarian,
vegan, and gluten free meal options.
Please indicate your preference when
registering. Please plan to bring your own
food should you have any other dietary
needs. (No price adjustments)*

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*We are excited to offer a Teen track for
ages 13-17 only (discount available).
Nursing babies welcome (no fee)
please, no other children.*

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Check-in begins 4:00pm Friday in Lodge

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Bonus Workshop Friday @ 4:30pm

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Retreat concludes Sunday, 11:30am.

GLACIER VIEW RANCH



*Glacier View Ranch is located in the
Majestic Rocky Mountains at
8700ft. Lodge, dining hall, and
auditorium are all connected by an
indoor walk/stairway, and are not
handicap accessible.*

*Cabins are walking distance from
lodge and events.*

*Swimming pool will be open
Saturday night.*



ROCKY MOUNTAIN
ADVENTIST WOMEN



RETREAT SPEAKER
Beverly Sedlacek

APRIL 26-28 2019

*"This hope is a strong and
trustworthy anchor for our souls"
Hebrews 6:19*





Beverly Sedlacek

Beverly Sedlacek's story will touch women and girls of all ages, a Board Certified Advanced Practice Nurse, has worked for nearly 40 years counseling hurting people in the areas of addiction, abuse, relationship difficulties, and emotional problems. She is a graduate of Capital University in Columbus, Ohio, completed her masters in Psychiatric Mental Health Nursing from Case Western Reserve University in Cleveland, Ohio and her Doctorate in Nursing Practice from Andrews University. She has coordinated and spoken at numerous retreats, seminars and workshops nationally and internationally. She has presented programs on abuse on a Christian television network and co-produced several recovery-related booklets DVD's and CD's. She and her husband David, have written a book and a workbook entitled, *Cleansing the Sanctuary of the Heart: Tools for Emotional Healing*. She is currently an adjunct professor at the Andrews University Theological Seminary as well as maintains a private counseling practice in Berrien Springs, MI.



ANCHORED IN CHRIST



Featuring: Inspiring general sessions, Exciting Teen track, Helpful workshops, Prayer Room, Service project, Giveaways, and a Saturday night "Variety Show & Spa room"

APRIL 26-28 2019 RETREAT PRICING:

- __ \$125.00 per person-lodge, 4 people, 2 queen beds
- __ \$125.00 per person-lodge, 4 people, 1 queen, 1 bunk
- __ \$135.00 per person-lodge, 3 people, 2 queen beds
- __ \$140.00 per person-lodge, 3 people, 1 queen, 1 bunk
- __ \$160.00 per person-lodge, 2 people 2 queen beds
- __ \$95.00 per person-Cabin (sleeps 5 with no top bunk, 10 total. Separate bathhouse; Bring bedding and towels)
- __ \$65.00 Sabbath only (includes 2 meals & snack box)
- __ \$80.00 Commuter (includes everything except lodging)

TEEN GIRLS (13-17only) PRICING:

- __ \$105.00 per teen - lodge room with mom
- __ \$75.00 per teen - Cabin with mom (Bring bedding & towels)

Donate to our scholarship program and help share the restoration that comes from spending time with Jesus.

ALL REGISTRATION IS ONLINE

To register follow the link at

WWW.RMCSDA.ORG/WOMEN

Please ask a friend for assistance if needed.

Questions? Email Winema VanIwaarden at by.winema@gmail.com or call (719)580-0887.

Limited partial scholarships available.

REGISTRATION OPENS FEBRUARY 5

LET'S SERVE!

It's such a relief when you're at the beach to have a friend who has just the right thing if you're in need! This year, let's be THAT friend who has some help for another woman in need! Sunday morning we'll make blessing bags to share. Please bring things like new small toiletry items, feminine products, non-perishable snacks, light knit gloves, socks, etc. We'll all share what we brought and each fill a large zip-loc "blessing-bag" to keep in the car for when you see a woman who could use a blessing!

Adventist Book Center

Friday: 4:00 - 7:00 pm

Saturday night: 8:00 - 10:00 pm

Sunday morning